



## SUNDAY APRIL 26, 2015

9:00 AM - rain or shine!

Assisted by the Fulmont Roadrunners Club (FMRRC)

Fulton County YMCA 213 Harrison Street Johnstown, NY 12095 – 518-848-3447

Please see [www.fultoncountyyymca.org](http://www.fultoncountyyymca.org) or see us on Facebook for more information!

T-Shirts to first 175 participants.

Awards will be given to the top three finishers in each of the following male and female categories:

10-14 15-19 20-29 30-39 40-49 50-59 60-69 70 and over

Course: The 3.5 mile loop will start & finish at the park on Main St in Johnstown (between Market & William St). Runners follow a single loop course consisting of Main St, the FJ & G Rail Trail, Union Ave, Chestnut St, Madison St, & Market St.

Facilities: There is plenty of parking in downtown Johnstown & refreshments available after the race.

Race Director: Ken Whiteman – 848-3447x119 or [kwhiteman@fultoncountyyymca.org](mailto:kwhiteman@fultoncountyyymca.org)

**PRE- REGISTRATION DEADLINE: April 17, 2015** Drop off or mail to: Fulton County YMCA

Pre-registration Fee: \$20 FMRRC: \$18

213 Harrison St, PO Box 629

AFTER 4/17/15 – All pay \$25

Johnstown, NY 12095

### Fulton County YMCA 2015 3.5 MILE RUN ENTRY FORM

Release: Running a road race requires mental and physical preparation. I agree that I should not run unless I am properly trained & prepared. I agree to abide by the decision of a race official relative to my ability to safely complete the race. I assume all hazards associated with running this event including falls, contact with other runners, the effects of the weather, including heat and humidity, traffic and the condition of the road, all such risks known and appreciated. Having read this waiver and understanding these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Fulton County YMCA and other sponsors, organizers and successors from all claims or liabilities of any kind arising out of my participation in the event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature (if runner under 18)

\_\_\_\_\_ Date \_\_\_\_\_

Please Print:

ENTRANTS NAME \_\_\_\_\_ AGE \_\_\_\_\_ SEX \_\_\_\_\_

PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

E-MAIL \_\_\_\_\_

T-Shirt size: S M L XL Checks payable to: Fulton County YMCA. Fee must accompany application.

ENTRY FEES: PRE-REGISTRATION: \$20 \_\_\_\_\_ FMRRC: \$18 \_\_\_\_\_ LATE REGISTRATION: \$25 \_\_\_\_\_