

# CROSS COUNTRY RUNNERS OF THE YEAR

## High School Cross-Country Award Winners Named

Justin Ferguson of Broadalbin-Perth High School and Kim Geniti of Fonda-Fultonville High have been named winners of the Fulmont Roadrunners Club's annual Cross-Country Runner of the Year Awards, according to an announcement by Fulmont Roadrunners president Ginny Mosher. The awards honor 2010's top male and female cross-country runners in Fulton and Montgomery County high schools.

In addition, the Fulmont Roadrunners honored the boy's cross-country team from Fonda-Fultonville High, winner of the State Championships for Section II, Class C. Members of that state championship team included Zak Godfrey, Michael Scott, Matt Hoffman, Kyle Geniti, Cody Shave, Tyler Angioli, and Cody Russell.

Also honored were the boys and girls teams from Broadalbin-Perth High, both Section II Class B champions for 2010, and the Mayfield High boys team, Section II Class D champion. The Fonda-Fultonville team is coached by Mark Therrien and Mike Benton, the Broadalbin-Perth teams by Jeff Richards, and the Mayfield team by Greg Ernst.

For their achievements, Ferguson, Geniti, and the championship teams received special recognition at the club's annual Winter Wimp foot race held January 8 in Hagaman.

Geniti, a freshman, was number one runner on Fonda-Fultonville High's team. She finished sixth overall in the Class C sectional championship race and was 15th (of 129 competitors) in the New York State championship race that followed. During the year, she was first in the Burnt Hills and Fort Plain Invitionals, fourth in the Johnstown and Fonda-Fultonville Invitionals, and fourth in the Colonial Council Championships. Her 5K (3.1-mile) personal best time for the year was 18:50.

Ferguson, a junior at Broadalbin-Perth High, is a repeat winner of the Fulmont Roadrunners' Runner of the Year Award, which he also received last year as a sophomore. Highlights of his 2010 cross-country season included a second-place finish in the Section II, Class B Championship race, and in the State Championships that followed, he finished 29th overall in the field of 127. In invitational competitions, Justin distinguished himself with second-place finishes at the Fonda-Fultonville, Guilderland, and Johnstown events, and he was sixth in the Foothills Council Championships. His 5K personal best for 2010 was 15:56.

The Fulmont Roadrunners initiated the high school cross-country awards program 15 years ago as part of its efforts to encourage and reward young runners in Fulton and Montgomery Counties. It also awards scholarships annually to outstanding high school seniors in the area who compete in

varsity running programs and are going on to college. Amsterdam High School track and cross country coach Stu Palczak heads up both programs for the club.



**Justin Ferguson**



**Kim Geniti**