
March 27, 2010 - Central Park, Schenectady - 9:30am

Schenectady Firefighters' First Annual



RUN FOR YOUR LIFE

Fundraiser to benefit the American Heart Association

5K Race • Kids Fun Run (Free)
3 Person Relay • Team Scoring

\$20 Early Registration
\$25 After March 17 up to race day
T-shirt for first 300 registrants

Awards given for top 3 overall male & female
Age groups: 14 & Under, 15-19, 20-29
30-39, 40-49, 50-59, 60+

You may register online at www.AREEP.com or fill out the form below and send it to **AREEP, P.O. box 38195, Albany, NY 12203**
Make checks payable to R.F.Y.L, LLC. Contact Brian Demarest for further details (518)365-3883 or sfddemdem232@yahoo.com
Organized by Health & Safety Committee of IAFF Local 28 and Schenectady Permanent Firemen's Association

YOUR NAME (Please print clearly) _____ TSHIRT SIZE (circle one) S M L XL XXL

STREET ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE _____ EMAIL _____

AGE (day of race) _____ DATE OF BIRTH _____ SEX (circle one) M F

Which race will you be running? **5K RACE** **3 PERSON RELAY** **TEAM SCORING** **KIDS FUN RUN**

If running in 3 Person Relay or Team Scoring please include the following information:

TEAM CAPTAIN _____ TEAM NAME _____

RELAY CAPTAIN _____ OTHER RELAY MEMBER _____ OTHER RELAY MEMBER _____

In consideration of my entry to this race, I hereby release and waive any and all claims for damages I may have against the City of Schenectady, Schenectady Fire Department, IAFF Local 28, Schenectady Permanent Firemen's Association, American Heart Association and any and all sponsors and their representatives and any official or participant for any injuries I may suffer in conjunction with this race. I certify that I am in good physical condition and have trained for this race. I hereby grant all permission to any and all the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose. **WAIVER - Please sign below**

SIGNATURE _____ DATE _____

PARENT'S SIGNATURE (Required for minor under the age of 18 years) _____